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Monday, September 18, 2017 metro.us | t: MetroPhilly | f: MetroPhilly

CHIEF OFFENSIVE EXECUTIVES

The Eagles held their own against one of the NFL's premier teams, but fell short late in a measuring-stick loss. 25

Leaf peeping in and around Philly. 20-21

10 sexy Scientologists. 15

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HIGH-TECH HIGH

New research is allowing marijuana experts to personalize the cannabis experience so users can achieve the exact sensation they want. 4

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EVAN MACY, SPORTS EDITOR

Sunday in Kansas City the Eagles' defense was a tease for three quarters, stifling Andy Reid's high powered offense and dangling an upset victory in the faces of Philly fans. But as often happens in this city, things fell apart when they needed to thrive. The defense relented several big plays and a few awkward and unlucky bounces knocked the Birds down to 1-1. But at least Carson Wentz appears to be the real deal.

UN HAS EXHAUSTED OPTIONS ON N. KOREA

U.S. Ambassador to the United Nations Nikki Haley said the U.N. Security Council has run out of options on containing North Korea's nuclear program and the United States may have to turn the matter over to the Pentagon. "We have pretty much exhausted all the things that we can do at the Security Council at this point," Haley told CNN's "State of the Union," adding that she was perfectly happy to hand the North Korea problem over to Defense Secretary James Mattis. As world leaders head to the United Nations headquarters in New York for the annual General Assembly meeting this week, Haley's comments indicated the United States was not backing down from its threat of military action against North Korea. North Korea launched a missile over Japan into the Pacific Ocean on Thursday in defiance of new U.N. Security Council sanctions.

HURRICANE JOSE STAYING OFF EAST COAST

2 Hurricane Jose is expected to pass east of the North Carolina coast on Monday and remain off the U.S. East Coast from Virginia to New England, while Tropical Storm Maria formed and is forecast to become a hurricane early next week, the U.S. National Hurricane Center said. Maria could threaten several Caribbean islands, some of which were devastated by Hurricane Irma less than two weeks ago. It is expected to approach the Leeward Islands on Monday and become a hurricane around that time, the NHC said. A hurricane watch is in effect for Antigua, Barbuda, St. Kitts, Nevis and Montserrat and France has also issued a hurricane watch for the island of Guadeloupe. A hurricane watch is typically issued 48 hours before the first occurrence of storm-force winds, NHC said.

5 THINGS YOU NEED TO KNOW

EAGLES LOSE

3 Eagles quarterback Carson Wentz barks out signals prior to a snap during the game between the Eagles and Kansas City Chiefs on Sunday at Arrowhead Stadium.

GETTY IMAGES

THIRD DAY OF ST. LOUIS PROTESTS BEGAN SUNDAY

4 A third day of protests started in St. Louis on Sunday after violent clashes between police and demonstrators the previous two nights over the acquittal of a white former police officer in the 2011 fatal shooting of a black man. About 500 protesters assembled before a barricaded police station in St. Louis in the latest of a series of demonstrations that evoked memories of the riots following the 2014 shooting of a black teenager by a white officer in nearby Ferguson. An informal group of St. Louis-based activists known as the Ferguson frontline has organized the protests, focusing on what it describes as institutional racism that has allowed police officers to be cleared of criminal wrongdoing in a number of shootings of unarmed black men.

GLOBAL DEBT MAY BE OFF BY $13 TRILLION

5 Global debt may be underreported by around $13 trillion because traditional accounting practices exclude foreign exchange derivatives used to hedge international trade and foreign currency bonds, the BIS said on Sunday. Bank for International Settlements researchers said it was hard to assess the risk this "missing" debt poses, but that the main worry was a liquidity crunch like the one that seized FX swap and forwards markets during the financial crisis. The $13 trillion unaccounted-for exposure exceeds the on-balance-sheet debt of $10.7 trillion that data shows was owed by firms and governments outside the United States at end-March. The fact these FX derivatives do not appear on financial and non-financial institutions' balance sheets under current accounting rules means little is known about where the debt lies.

SURVEY

The Wall Street Journal/NBC News survey of 1,200 adults found 48 percent of Americans said they or somebody else in their household owned a gun.

Source: Wall Street Journal/NBC

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The marijuana industry is exploring ways to curate users' experiences. GETTY IMAGES

Terpenes are the newest frontier of curated cannabis experience, experts claim

Those in the marijuana industry add flavors, aromas and effects to weed with the help of terpenes.

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For the marijuana novice, weed is just weed. But for the cannabis connoisseur, there's a whole world of flavors, scents and effects — and it goes beyond just different types of strains.

The next frontier of curating a cannabis experience, experts say, lies not in a strain of the plant — the Sour Diesels and Pineapple Kushes that your dispensary will surely have on its menu — but in harnessing the terpenes within cannabis.

"Terpenes are essential oils found in different botanicals and plant matter. They're why lemon has that citrusy smell, why pine needles smell like pine," said Seth Yaffe, operations manager at Ermont Inc., a nonprofit medical marijuana dispensary in Quincy, Mass.

Terpenes are mostly known for giving plants their unique aroma, which is why there are essential oils of lavender and eucalyptus. But when they work in conjunction with cannabinoids like THC and CBD, "it's an entourage effect," Yaffe said, meaning terpenes can actually change or heighten the therapeutic effects of marijuana.

To take advantage of terpenes, many labs isolate them when they process the cannabis into a concentrate.

"Most people processing for THC strip out the terpenes and other minor cannabinoids to get to a clear product," explained Norman Olson of High Tech Extracts in Maine. "Then to get flavor and aroma, you add the terpenes back. That's the sommelier art of it."

Speaking of wine, Yaffe actually worked in the restaurant industry for 25 years, where he wrote wine lists. He's seen how people can smell a certain strain and know right away what it is, "just like a sommelier would be able to blind-smell wine."

But with terpenes, his role goes above and beyond suggesting flavors and scents someone might like. It's about the kind of high these terpenes bring with them, too.

"It might be the same level of cannabis, but by adding in different blends of terpenes, we're able to promote specific effects … like promoting more relaxing sleep," Yaffe said. "The four major effects of the line we carry are concentration, helping sleep, anti-anxiety and the ability to have more energy."

This is the customization that is taking over the business side of cannabis, Yaffe said. People aren't necessarily looking just for certain strains anymore, but for a curated high, and terpenes help achieve that.

Still, terpenes are "new to the game" in terms of what we know, Yaffe said. Though there hasn't been a lot of scientific research around cannabis and all its components yet, experts in the industry hope that with its acceptance — like the legalization in Massachusetts — comes more knowledge about it.

"Regardless of medical or recreational, a tremendous amount of people are cannabis users that are really looking for an effect," he said. "It's the importance of those terpenes and how we understand them, how we move forward with science to be able to manipulate and safely add them, that will allow for the creation of new products."

"The four major effects of the line we carry are concentration, helping sleep, anti-anxiety and the ability to have more energy."

Seth Yaffe

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Encouraging news about diabetes

WRITTEN BY
Amy Smith

Despite side effects and failure to address the core issues, medication has always been the go-to treatment for Type 2 diabetes. Believing there's no way to reverse the condition, patients simply accept the conventional notion that pharmaceuticals are their only option.

What many don't know is that there's an effective, holistic alternative that has the potential to turn it all around. Enter Functional Medicine, the health and wellness model that intensely focuses on understanding the root cause(s) of the disease. In this holistic approach, emphasis is placed on discovering the cause(s) of diabetes, instead of simply treating the symptoms and accepting it as a lifelong condition.

This multi-therapeutic approach, which refreshingly breaks away from traditional medicine, promotes natural healing; more specifically, the many ways the body is fully capable of healing itself. This approach empowers patients with the knowledge they need to clear themselves of toxic interferences and lay the groundwork for lasting health. This shifts the emphasis to cause-centered care, as opposed to disease-centered thinking.

"Functional Medicine must be the future of our healthcare system," says Certified Functional Medicine Practitioner Dr. Rick Dunlap, founder and clinical director of InSight Health & Wellness in Center City. "As healthcare practitioners, we must seek out and address the cause(s) of a condition, and not merely chase after symptoms."

To bring the public into the conversation, Dr. Dunlap is hosting a FREE, highly anticipated seminar on Thursday, September 28 called *Type 2 Diabetes - It CAN be REVERSED!* Here, he'll be sharing his expert insights and wisdom on how patients can use Functional Medicine to move past their diagnosis and achieve their wellness goals. The event will be held at the Sofitel Hotel at 120 S.17th Street in Center City from 6:30 pm to 8:00 p.m.

This event, designed for people who are ready to take their lives back, will encourage the audience to take charge of their own healing experience. With the proper care, Type 2 diabetes CAN be reversed.

"At my seminar, you'll learn firsthand the multiple aspects of diabetes and, more importantly, gain an understanding of the possible causes

of your issues," adds Dr. Dunlap. "Type 2 diabetes is a complicated, metabolic condition with many possible causes, therefore each person must be assessed and cared for individually."

InSight Health & Wellness, a pioneering practice that integrates holistic therapies and Functional Medicine to achieve overall wellness, prides itself on its patient-driven philosophy. At InSight, every patient receives a customized care plan with individualized therapy programs.

Ready to take your life back and tackle your Type 2 diabetes head on? Seating for this seminar is limited; reserve your spot today by visiting http://www.insightseminars.info or calling 215-564-6689.

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Jurtomu Joshua Vesslee PROVIDED

Investigators released the above image of the suspected killer, whom they have not identified. PROVIDED

At-large ambush killer snatches away Philly teen's future

Jurtomu Joshua Vesslee and another man were shot from behind in Colwyn Borough.

SAM NEWHOUSE
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Hours before he was murdered, Jurtomu Joshua Vesslee, 16, was dreaming about his future.

"He called me the day he was shot to ask me to buy sneakers for the college tour," Vesslee's mother, Victoria Vesslee, recalled through her tears in a recent interview inside a friend's West Philly office. He called on a Friday, already excited to tour Temple University, where he had been attending summer classes, that Monday. "That was the last conversation I ever had with my son."

But Vesslee's future was snatched away from him when he and Ahmed Brown, 20, were shot to death on Aug. 4 in Colwyn Borough after unwittingly walking into what investigators described as a cold-blooded ambush.

"It appeared that it was going to be a fistfight, and somebody had different plans," said Det. Tim Deery of the Delaware County Criminal Investigation Division, who is investigating the double murder. "We believe he was brought in from Philadelphia to do the shooting."

The conflict was reportedly over a feud that grew on social media, involving participants from Colwyn, Darby and Southwest Philly.

The victims were reportedly walking to meet the opposing group just after 10:30 p.m. on Aug. 4 near 4th and Walnut streets in Colwyn.

As two groups spoke, the gunman approached the two victims from behind, police said, and unleashed 10 shots, killing Vesslee and Brown. A 15-year-old victim looked behind him at the last minute, saw the gun and ran — taking a bullet to the arm but saving his own life, according to the Vesslee family.

"The person that did this shooting, he has no idea the wound, the vacuum he left within me," Vesslee's mother, Victoria, said.

Vesslee's parents are unaware of the nature of the feud that led to their son's death. They thought he was just going out to get food. (Brown's family could not be reached for comment.)

Vesslee, a student at the Science and Leadership Academy charter school, had just completed a math and science summer program at Temple, and aspired to be a nurse-practitioner. He would have turned 17 in December.

"I am constantly in tears, because I know I will never have a chance to see my son again," Victoria said. "I don't sleep. I can't eat. I don't know how I'm going to get through this."

David, 59, a cabbie, and Victoria, 45, a resident counselor at a behavioral health program, are Liberian immigrants who raised their children in Southwest Philly. With six weeks gone by, they are suffering both from the loss of their son and knowing his killer is walking free.

"It seems like the case has gone cold very fast," David said.

Deery said he is working on the case every day, but urged the public to examine the shooter's picture to help identify him "It is a very active investigation, and we hope to have a break in this soon," he said.

Vesslee was remembered by his parents as a happy young man who often played peacemaker when friends had disputes, loved football and basketball, and helped neighbors.

"He had a very great future," Victoria said.

Now, the Vesslees are passing out flyers with pictures of his killer and praying someone will bring the man responsible to justice. Not for their son. But for the other youths around Philly at risk from gun violence, which is "tearing people apart," as Victoria put it.

"It will not bring Joshua back," Victoria said of capturing his killer, "but it could save other children."

Anyone with information about the case is being asked to call Delaware County Criminal Investigations at 610-891-4700.

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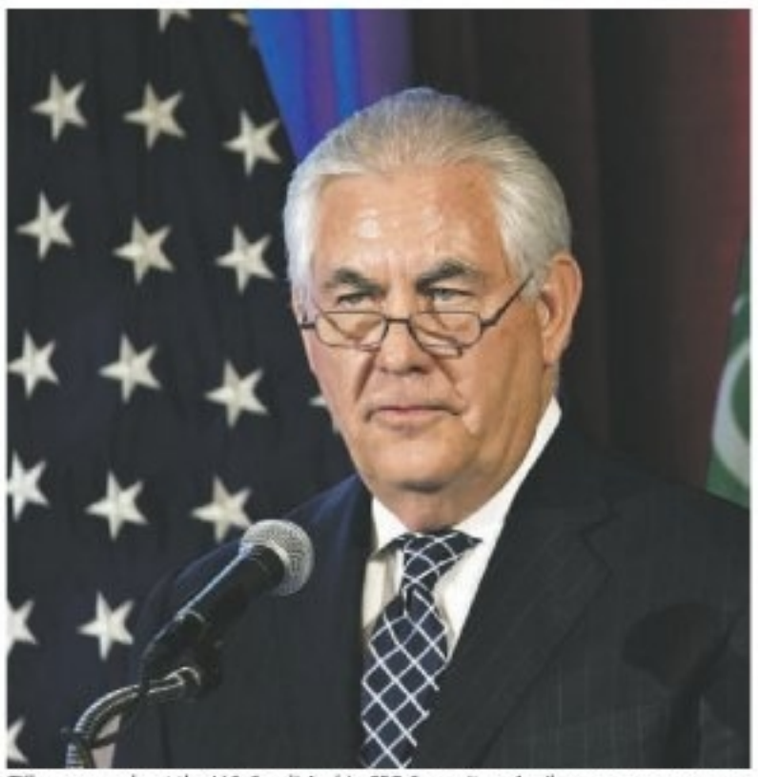
Tillerson says US weighing closing embassy in Cuba over sonic attacks


Tillerson speaks at the U.S.-Saudi Arabia CEO Summit on April 19, 2017. GETTY IMAGES

The United States is considering closing its embassy in Havana in response to an alleged sonic attack on U.S. personnel in Cuba, Secretary of State Rex Tillerson said on Sunday.

"We have it under evaluation," Tillerson said on CBS' "Face the Nation" program. "It's a very serious issue with respect to the harm that certain individuals have suffered."

Five Republican senators on Friday called for the Trump administration to retaliate against the Cuban government by expelling Cuban diplomats and possibly shuttering the U.S. embassy there over attacks that began in late 2016.

The State Department said in August that Americans linked to the U.S. embassy in Havana had experienced physical symptoms from "incidents" involving sound waves. Five Canadians were also affected.

Symptoms included nausea, dizziness and temporary loss of hearing or memory.

Cuba, the United States and Canada have investigated the attacks, but the probe has not yielded any answers about how they were carried out or who was responsible for them.

Cuba has denied involvement. The U.S. State Department has not blamed Havana for the attacks but asked two Cuban diplomats to leave Washington in May. REUTERS

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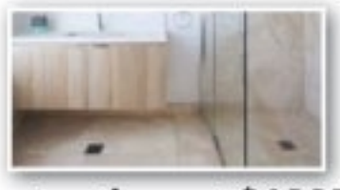
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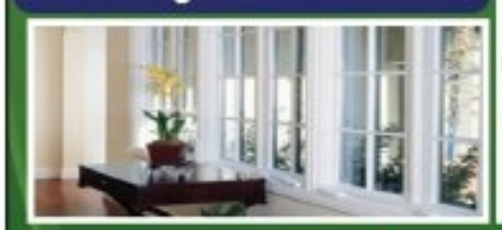

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Bill Clinton presents innovators with $1 million for refugee lives

Contestants for the Hult Prize came from universities around the globe, gathering for the end of the yearlong competition.

AMY RUSSO
@MetroPhilly
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A team of four young Pakistani-American innovators has a solution for the refugee crisis, and former President Bill Clinton thinks so, too.

On Saturday night, Clinton presented Rutgers University's Hasan Usmani, Hanaa Lakhani, Moneed Mian and Gia Farooqi with $1 million in funding from the Hult Prize Foundation, a nonprofit dedicated to humanitarian initiatives.

The award was given at U.N. headquarters, where contestants from universities around the globe gathered for the end of the year-long competition.

The challenge, which was issued by Clinton, tasked competitors with finding a plan to address the world's refugees, restoring the human dignity and rights to millions of displaced people by 2022.

The winning startup, Roshni Rides, will bring a transportation network to Pakistan, focused on ride-sharing and convenient payment of a fixed price using a preloaded card.

Farooqi, the company's CEO, said the team will begin working immediately after relocating. "This team is dedicated to making an impact in the transportation industry in Pakistan, and help the lives of refugees living in informal settlements," she said. "We will start in Orangi Town, Pakistan, where we will execute a solution that cuts transportation costs in half."

Bill Clinton at the Oceana New York Gala on Sept. 13, 2017. GETTY IMAGES

While the team members have much work to do, Farooqi said they're both excited and overwhelmed to have won.

"There are so many people who got us to this point to day, this win is theirs as much as ours," she said.

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U.N. Ambassador Nikki Haley with Sen. Lindsey Graham (far right) and other lawmakers. GETTY IMAGES

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Expect the president to send a signal on Ambassador Nikki Haley's future when he takes a break from his juvenile GIFs.

ANALYSIS

ELLIS HENICAN
@henican

World leaders are descending on the United Nations this week, and you know what that means: Manhattan traffic will be even more nightmarish than usual. Restaurant reservations will be impossible in Midtown — except at 5:15 or 11:30 p.m.

And U.N. Ambassador Nikki Haley will show everyone that her brief internship is over and she's more than ready to be secretary of state. Rex Tillerson may have the title. But Haley definitely has the elbows, and she seems to have the juice with Donald Trump.

The only lingering question: Which man will get sick of the other sooner, Tillerson or Trump?

Expect the president to send a signal on Haley's future just as soon as he takes a break from his juvenile GIFs. His latest retweet comes via Mike @fuctupmind: "Donald Trump's amazing golf swing" smacks a ball into #CrookedHillary Clinton and knocks her to the ground. Yes, instead of preparing for his first speech to the 193 member nations of the General Assembly on Tuesday, the president of the United States spent the weekend sharing a violent video about a former rival, which he seemed to find hilarious.

Haley is the former governor of South Carolina. She is also one of the most ambitious members of Trump's administration. She was interviewed by him for the secretary of state job but told Trump she didn't think she had enough experience. The U.N. gig would be her foreign-policy internship.

That left secretary of state to Tillerson, the retired chairman of Exxon Mobile, who has spent his time at Foggy Bottom hardly doing the job at all.

Proposing devastating State Department budget cuts. Leaving key positions unfilled. Pursuing a vision of U.S. power abroad that can easily be summed up in two words: "orderly shutdown." He's also failed to bond with Donald Trump.

That last one's a killer.

Asked on Sunday whether she's now ready to fill Tillerson's shoes, Haley gave the political answer. "Secretary Tillerson continues to work hard," she told Dana Bash on CNN. "He's not going anywhere. I continue to work well with him."

But really, how long is an internship supposed to last?

Metro columnist Ellis Henican is the best-selling author of a dozen books including the upcoming "Trumpitude: The Secret Confessions of Donald's Brain." He is on Twitter @henican.

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Fight over electoral district boundaries heads to top court

United States Supreme Court GETTY IMAGES

"There is a sense that something has gone amiss with American democracy, that there is this effort to rig the rules of the game."

Michael Li

It is a political practice nearly as old as the United States — manipulating the boundaries of legislative districts to help one party tighten its grip on power in a move called partisan gerrymandering - and one the Supreme Court has never curbed.

That could soon change, with the nine justices making the legal fight over Republican-drawn electoral maps in Wisconsin one of the first cases they hear during their 2017-2018 term that begins next month. Their ruling in the case could influence American politics for decades.

Wisconsin officials point to the difficulty of having courts craft a workable standard for when partisan gerrymandering violates constitutional protections. Opponents of the practice said limits are urgently needed, noting that sophisticated technological tools now enable a dominant party to devise with new precision state electoral maps that marginalize large swathes of voters in legislative elections.

"There is a sense that something has gone amiss with American democracy, that there is this effort to rig the rules of the game," said Michael Li, an expert in redistricting at New York University School of Law's Brennan Center for Justice. "Gerrymandering used to be a dark art, and now it's a dark science."

The justices will hear arguments on Oct. 3 in Wisconsin's appeal of a lower court ruling that found that the electoral map drawn by state Republicans ran afoul of the U.S. Constitution.

The map, drawn after the 2010 U.S. census, enabled them to win a sizable majority of Wisconsin legislative seats despite losing the popular vote statewide to the Democrats. The party's majority has widened since.

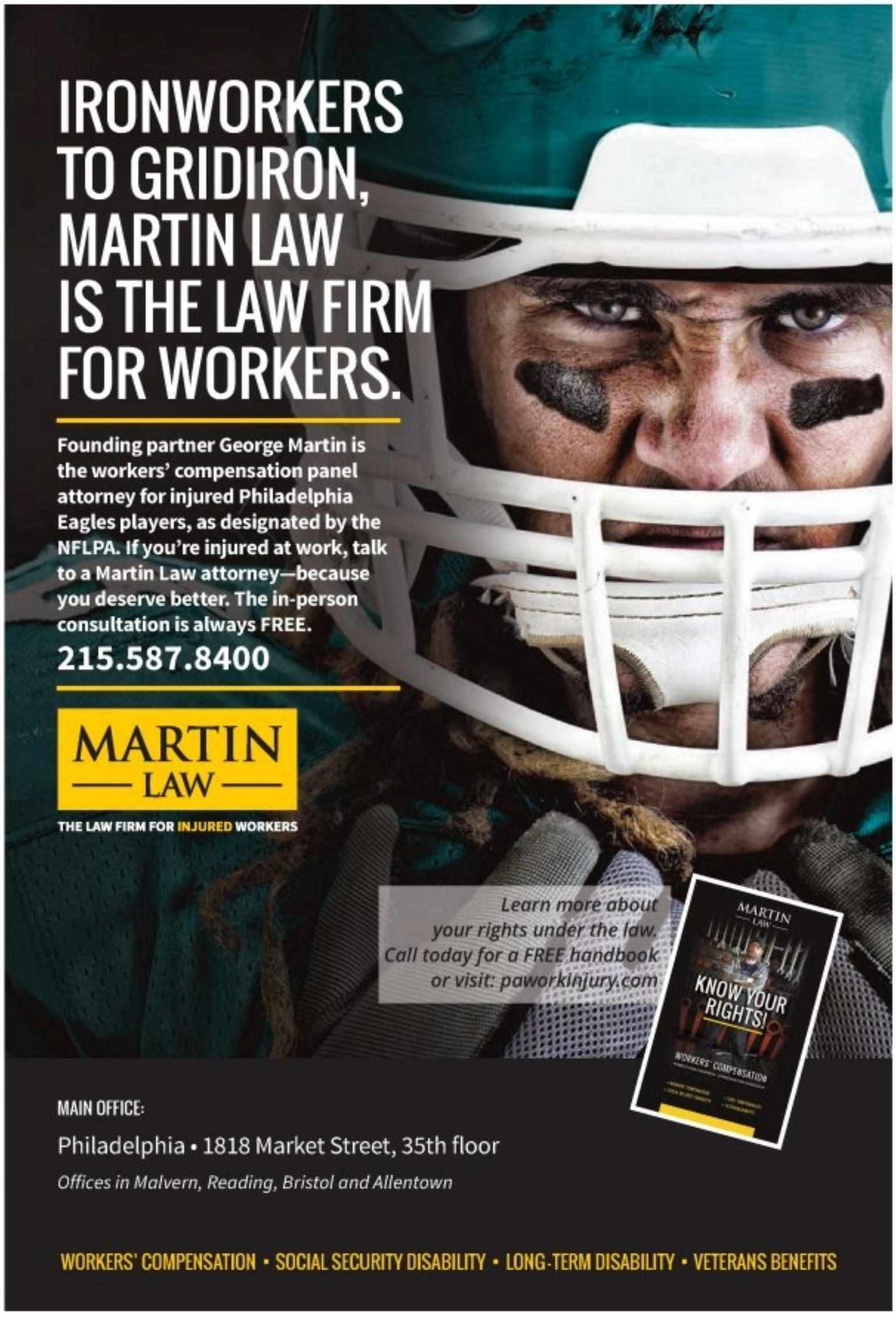
The justices must decide whether courts should have a say in such matters. The Supreme Court for decades has been willing to invalidate state electoral maps on the grounds of racial discrimination but never those drawn simply to give one party an advantage.

The justices have never settled on a standard by which partisan gerrymandering claims can be measured. In a 2004 case, Justice Anthony Kennedy left the door open for a "workable standard" to eventually be found.

Kennedy, a conservative who sometimes sides with the liberal justices on a court with a 5-4 conservative majority, could cast the deciding vote in the Wisconsin case.

A federal three-judge panel ruled 2-1 last November that Wisconsin's redistricting plan violated the U.S. Constitution's 14th Amendment guarantee of equal protection under the law and First Amendment right to freedom of expression and association.

Over the decades, both Republicans and Democrats have been accused of gerrymandering. Since 2010, Republicans' control of redistricting has coincided with major seat advantages for them in state legislatures, the Brennan Center said. REUTERS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South Philly resident Dena Driscoll bikes with her kids. PROVIDED

SHE WANTS TO TAKE THE POLICE ON A BIKE RIDE THROUGH SOUTH PHILLY

A Philly mom is planning a ride to help the cyclist/motorist divide.

RANDY LOBASSO
Analysis

As readers of this column know, summer 2017 has been a weird time for bicyclist/motorist relations in Philadelphia — especially in South Philadelphia, where a long-planned bikeway is slowly being rolled out by the city.

Some have reacted with internet complaints and arguments. But South Philadelphia mom Dena Driscoll has another idea: She's planning a ride with her group of family cyclists, Kidical Mass PHL; and local police officers. The goal: to show police officers what it's like biking the narrow streets of South Philadelphia. I caught up with Dena to talk to her about the South Philly Families and Police Community Bike Ride, happening on Oct. 14 at 10 a.m.

What gave you the idea to create the South Philly Families and Police Community Bike Ride?

I have planned many rides over the years in Philadelphia for families through Kidical Mass PHL (KMPHL). KMPHL group rides give caregivers/parents both confidence about biking with kids and a sense of community among caregivers who use bicycling for transportation and recreation. Much like that, I want to give caregivers the opportunity to share our community of families who bike with our local police districts who may not think of us when they think "bicyclists." I know our local police do all kinds of community partnerships and since South Philly has one of the highest rates of bike commuters in the country I thought they too would want to work with our community.

What do you hope the police officers on the ride experience, riding through South Philadelphia?

My biggest hope is that this will build a new relationship between the family biking community and officers. I hope officers gain a better understanding of the hardship of riding in South Philadelphia without any dedicated bicycle infrastructure. Without bike lanes, the safest place for families to bike on our narrow streets is in the middle of the traffic lane in queue with cars. This often causes confusion for car drivers and even police officers who do not think this is legal. It is actually illegal in PA to pass a bicyclist without 4 full feet of space between the bike and a car.

There was a lot of online debate—which was often negative—this summer between cyclists and non-cycling South Philly residents. Why do you think that was?

The biggest issue seemed to be this summer that those who do not cycle seem to forget that the people who do cycle are still their neighbors. They are neighbors who just happen to use a bicycle to get to work, to pick up children, to shop and yes to go home safely each night to their loved ones.

Do you think the ride is a reaction to that?

Sadly, this attitude of "Get out of the way you don't belong here" has existed much longer than this summer. So the ride is more of a reaction to the continued escalation of drivers who feel "safe" inside their car to harass bicyclists and particularly mothers and their children on bikes. I do not want to see this attitude end in the murder of person biking by a car driver in South Philadelphia.

For more information, check out Kidical Mass PHL on Facebook.

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Sexy 10 Scientologists

Haven't you heard? Scientology is sexy! JK, it's a cult.
The controversial religion has been dogged by rumors of abuse and strange practices, with the documentary "Going Clear" and docu-series "Leah Remini: Scientology and the Aftermath" giving the world a clearer view about what exactly is going on with L. Ron Hubbard's followers. It doesn't look great.
Still, there are tons of people — especially celebrities — that are proud Scientologists, or have at least dabbled in the religion. Here, we're listing the 10 hottest Scientologists — from the confirmed, to the rumored, to the ones who left the church. And no, Tom Cruise is not listed. **RACHAEL VAUGHAN CLEMMONS**

Elisabeth Moss

The star of "The Handmaid's Tale" recently defended her religion against a commenter on Instagram who compared Scientology to the horrible world of Gilead. She was really nice about it. And she's a hot tamale.

Jeffrey Tambor

The "Transparent" star admitted that he took Scientology classes once, but it's no longer his thing. Also he's an attractive and charming older gentleman.

Laura Prepon

The lady with the very arched eyebrows has said about auditing — Scientology's version of therapy — "I've become more me. The auditing has stripped away all of this charge, false ideas, decisions and mis-emotions that were affecting me." Hot stuff.

John Travolta

Travolta has been described as "Scientology's captive," which is not chill. The church supposedly has damaging information about him that Travolta doesn't exactly want to get out. Also, he was pretty hot way back, in "Grease!"

Lisa Marie Presley

Presley left Scientology in May 2012, and maybe wrote a diss track about the church on her third album, "Storm and Grace." But hey, she looks good.

Will Smith

Smith has been rumored to be a part of the church for like, ever — and you have to admit, it wouldn't be too much of a surprise. Nonetheless, a former Scientology Senior Executive told the Daily Beast that Will Smith is not, nor has ever been a Scientologist. Good for him.

Katie Holmes

You gotta give it to Suri's mom: She managed to escape Scientology and secretly date Jamie Foxx for a number of years. Success on so many levels.

Danny Masterson

Not only is the former "That '70s Show" star and current DJ a Scientologist, but he really loves L. Ron Hubbard! "He's a f—king guy who wrote awesome s—t that I love studying." Hmmmm, stretching it just a bit, we suspect.

Juliette Lewis

Lewis has described Scientology as just like, self-care. "It's a religious philosophy and self-help movement. And you'll never see a truthful word written about it in mainstream media." Whatever, but she's gorgeous and a kick-ass singer to boot.

ALL PHOTOS GETTY IMAGES

Leah Remini

Remini has been pretty vocal lately about separating from the church. After winning an Emmy for her series, "Leah Remini: Scientology and the Aftermath," she jokingly forgave her mom for getting them into a cult. Stunning and side-splitingly funny as well.

Fred Armisen insists it is the right time to bring the sketch show to an end. IFC

How Trump affected the end of 'Portlandia'

"The Lego Ninjago Movie" star talks to Metro about the impending conclusion to the sketch show.

GREGORY WAKEMAN
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Next year, the eighth season of "Portlandia" will bring the Peabody Award-winning sketch show to an end. But while the impending conclusion of the series may be distressing for fans, Fred Armisen admits that it's the right time — not just because they wanted to show to go out on a high note, but also because of who is in the White House.

"We decided [to end it] because we care about 'Portlandia,' and we care about the quality of it," Armisen explained over the phone. And rather than having the series get stale, Armisen and co-creator Carrie Brownstein decided to end

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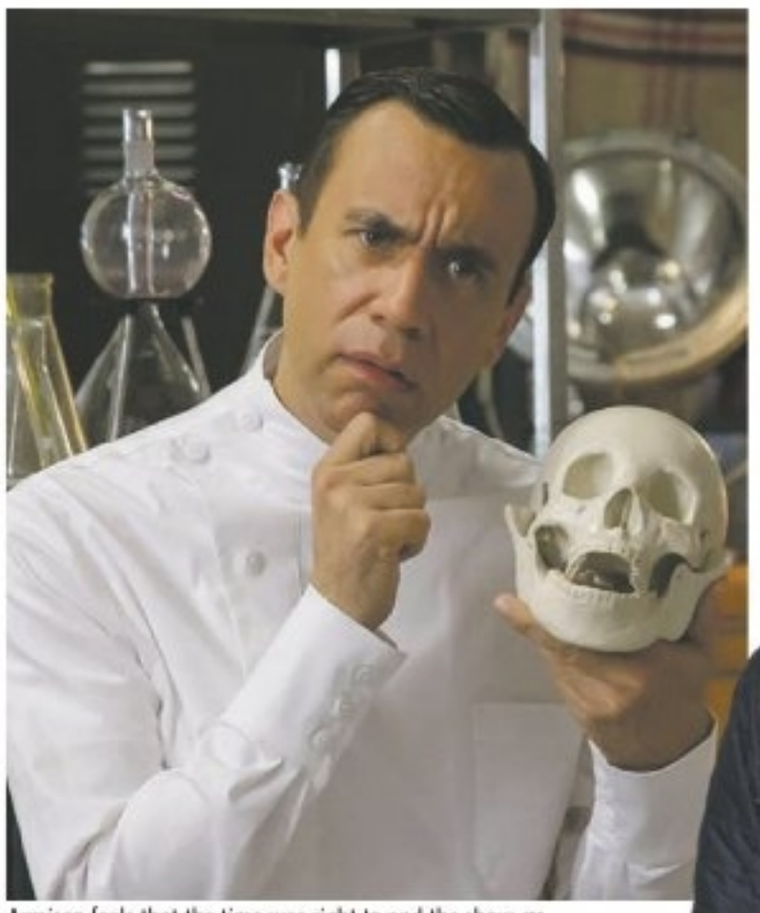

Armisen feels that the time was right to end the show. IFC

it altogether. "We also wanted to have a sense of bookends: the beginning of the sketch show and the end of it," he continued. "We care too much about it to do it for whatever reason."

When the topic of Donald Trump came up, Armisen admitted that 45's ascension to The White House impacted the writing in the coming season.

"It was really tricky, because every season has only happened under the Obama administration," Armisen explained. He admits, too, that Trump's victory has changed the way he looks at some of the characters. "There are things that we took for granted. We took for granted that a type of character would be annoying or frivolous, and now some of those characters are the ones that I hang on to for dear life."

GETTY

Still, the "Lego Ninjago Movie" star admits that the coming season of "Portlandia" avoids commenting on Trump directly as a way to preserve the show's shelf-life. "We did a sketch last season called, 'What about men?' Where men were like, 'There's so many specialty groups, so what about us?' That was a look towards whoever these people might be, and that's the closest we came to saying anything direct."

Armisen also revealed that there won't be a big song and dance about the farewell, and instead focused on just being funny. "We try not to make any big final statements with it," Armisen insisted. "We tried to keep it like a sketch show and comedy, just because people watch it out of order. Our main goal is to keep it funny and entertaining and relevant, [so] we stuck to that. It's bittersweet, but it's a normal season."

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John Fugelsang of 'Page Six

It's time to come together and laugh at the Kardashians.

JENNIFER LOGUE
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Last summer, we chatted with celebrated comedian and host, John Fugelsang, about "Page Six TV," a New York-centric entertainment show that covers everything from celebrity gossip to real estate to politics. After undergoing a trial run in seven markets at different time slots, "Page Six TV" is officially being nationally syndicated and makes its debut in 98% of the United States on Monday, Sept. 18.

"This show is not like anything else on TV. With 'Chelsea Lately' gone, 'The Soup' gone, 'Best Week Ever' gone, there are no comedy shows covering celebrity culture," Fugelsang says.

While most entertainment television is filmed on the west coast, "Page Six TV" stands out for being filmed on the east coast in New York City.

"There's never been an entertainment show with a New York point of view," Fugelsang reveals.

"With 'Chelsea Lately' gone, 'The Soup' gone, 'Best Week Ever' gone, there are no comedy shows covering celebrity culture," Fugelsang says. ALL PHOTOS PAGE SIX TV

"They're always the fabulous Hollywood-based show where everyone is tan and smiling a little too much. We all like to wear black and chain smoke."

Joining him on the show is a panel of entertainment experts: Bevy Smith (Bravo's "Fashion Queens"), Variety entertainment reporter Elizabeth Wagmeister and New York Post "Page Six" reporter Carlos Greer.

"All of the experts are industry insiders. In the case of this show, I've been astonished at how inside Carlos, Bevy and Elizabeth are," he says. "Their BlackBerries are always going off, the Rock is texting Elizabeth; These people have a lot of connections in their professional lives."

Because of these connections, "Page Six TV" plans to steer clear of "mean" entertainment coverage.

"These experts can't burn their contacts," adds Fugelsang. "I didn't want to do a stupid show, I didn't want to do a mean show. Just as people who aren't into poli-

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TV' gears up for national syndication

John Fugelsang sits with the cast of "Page Six TV," which is comprised of entertainment industry insiders Bevy Smith, Elizabeth Wagmeister and Carlos Greer.

tics still tune into 'The Daily Show,' people who aren't into pop culture can turn to 'Page Six TV' because it's a witty take."

And while Fugelsang is well known for his work in politics, he admits that diving into a pop culture show is a breath of fresh air, not just for himself, but for the country as a whole.

"This show is very good for my brain creatively, after so much political rancor to be able to tell jokes about whatever horrible atrocity Justin Bieber committed on the world today." He adds, "America is so divided right now. Hopefully your right wing and left wing loved ones can argue politics at the dinner table and come together to watch "Page Six TV" and laugh at Kardashians."

For more information on Page Six TV, visit: pagesix.com/tv.

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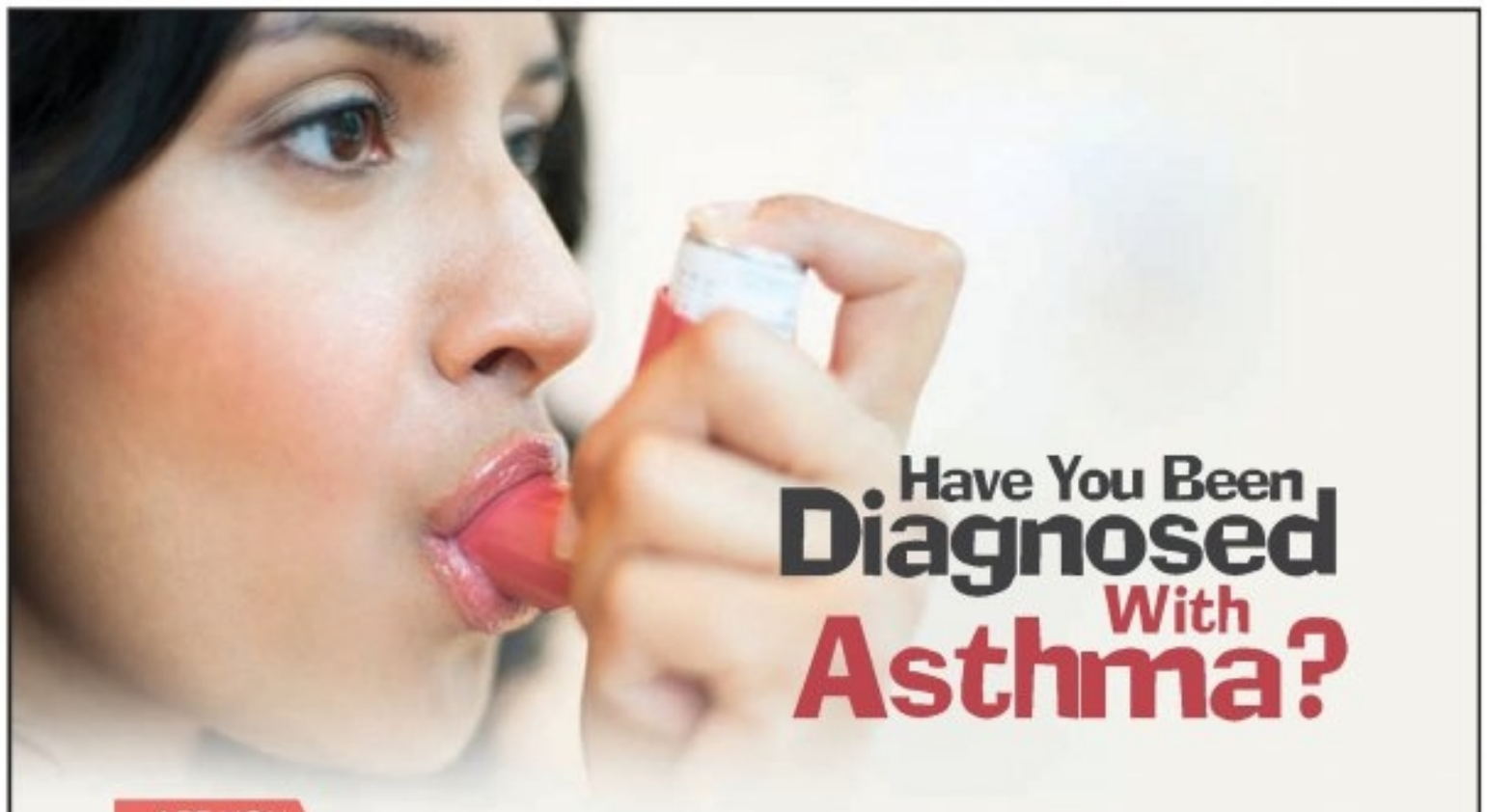

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You don't need to leave the city to see these autumn leaves. ISTOCK

Your guide to leaf peeping in and around Philadelphia

Get a taste of fall with a little history at Independence National Historic Park. PHOTO BY C. SMYTH FOR VISIT PHILADELPHIA®

Give your Instagram a pop of fall color.

JENNIFER LOGUE
@jenniferlogue
jennifer.logue@metro.us

If the coolness in the air is any indication, it looks like we're finally getting real fall weather in September, which means it's time to start planning your leaf peeping outings. Sure, you can travel outside the city limits over a weekend, but if you're pressed for time, there's no reason you can't stop and gaze at the foliage on your way to work, on your lunchbreak or even on a leisurely weekend stroll.

Wissahickon Valley Park

Valley Green Rd.

The hiking is beautiful any time of year in the Wissahickon, but when fall comes, this Philadelphia gem becomes even more magical. With 2,042 acres of ground to cover, you'll need to make repeat trips for the full foliage experience.

Schuylkill River Trail

25th and Locust

Next time you're jogging or biking down the Schuylkill River Trail, take a moment to stop and peep some fall leaves! With the picturesque water backdrop behind you combined with pops of orange, yellow and red foliage, it would be hard not to take a winning Instagram shot here.

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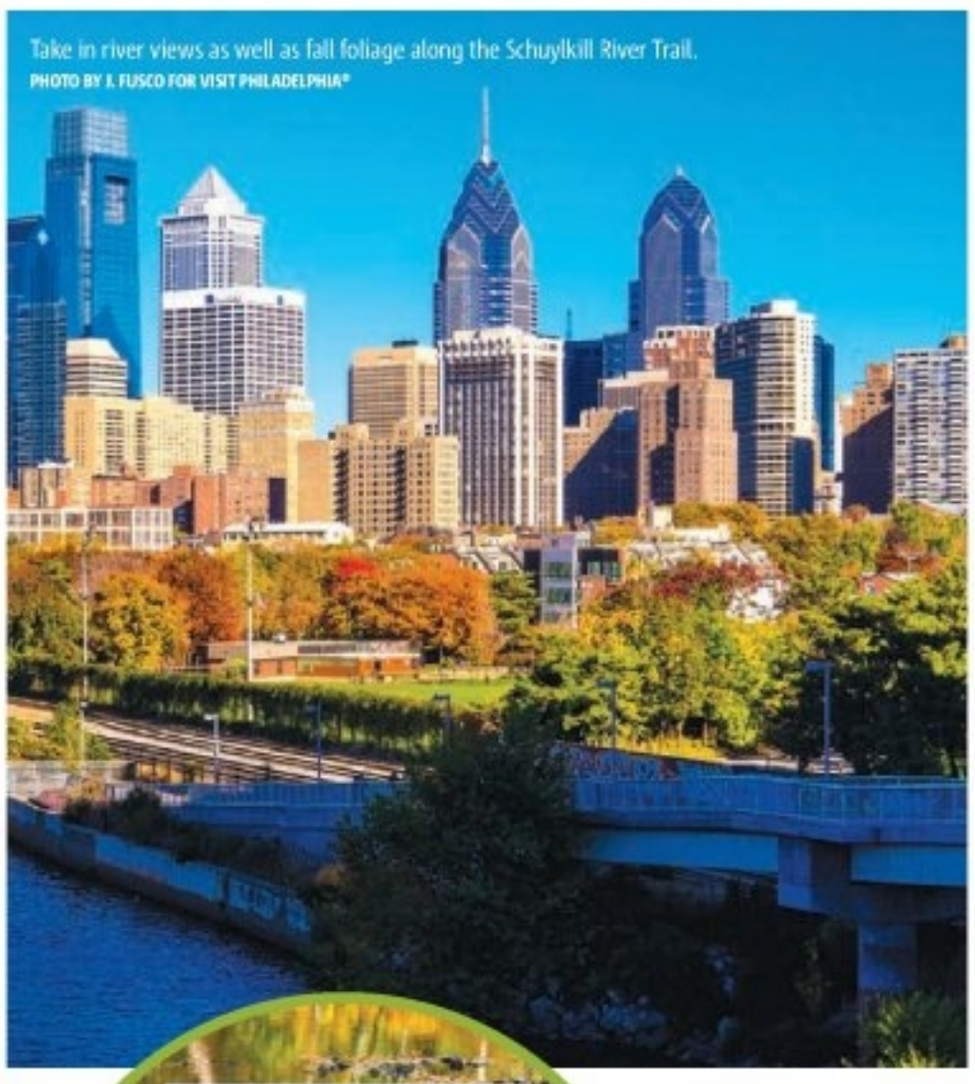

Take in river views as well as fall foliage along the Schuylkill River Trail.
PHOTO BY J. FUSCO FOR VISIT PHILADELPHIA®

The Wissahickon is a Philly gem and a great place for prime leaf peeping.
PHOTO BY R. KENNEDY FOR VISIT PHILADELPHIA®

This 45-acre National Historic Landmark, created by America's first botanist, John Bartram, dates back to the 1850s. Aside from being a great place to take in the changing leaves you can also learn a thing or two about from their guided tours that focus on topics like interesting flora and fungi.

Morris Arboretum

100 E. Northwestern Ave.
With more than 12,000 plants in their living collection, there's a lot to take in at the Morris Arboretum. To help you on your leaf peeping mission, why not take their Great Trees tour? You're bound to see the best and brightest fall foliage that way.

Independence National Historic Park

520 Chestnut St.
Already a popular spot for its historical significance, Independence National Historic Park is also great for taking in the fall scenery. While you won't see a ton of trees, you'll see just enough for it to feel like fall in the city with a side of history.

Washington Square Park

210 W. Washington Sq.
Who says you have to be on your feet in your leaf peeping adventures? Cozy up on a bench in Washington Square Park with a good book and a coffee from nearby Talula's Daily and to take in the fall foliage, all you have to do is look up and around — you're surrounded by trees! It's also a great place for people watching, if you're into that sort of thing.

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How well do you know hip-hop?

Find out when hip-hop Jeopardy launches in Philly this week.

JENNIFER LOGUE
@jenniferlogue
jennifer.logue@metro.us

Head down to William Street Commons for a night of hip hop trivia and good times. ALL PHOTOS PROVIDED

Big fan of trivia? Big fan of hip hop? Then you should make your way over to William Street Commons (3900 Chestnut St.) this Thursday for the launch of Do You Know Rap People (DYKRP), a Jeopardy-like game that focuses on all things hip hop.

"All the questions are prepared by [a member of our team] Jasmina Cuevas," says one of its organizers, Shak McClary.

Participants can even win prizes.

"There will definitely be an emphasis on Philadelphia's hip-hop past and present."

The event got its start in Brooklyn and after success there, moved onto Boston.

McClary says, "I was inspired to put this event together by my love for hip hop.

"I wanted to give hip hop fans a way to celebrate the culture in a positive environment and not feel the pressure of going to a club to spend their money."

Even if you decide not to participate in the game, there will be plenty of music, drinks and food, according to McClary.

"The best part about it to me is that even if you don't come to play Hip Hop Jeopardy, you can still be apart of the experience," he says.

And for the people who do play, are there prizes?

"We're giving away just about all of the cool stuff you can think of — clothing merchandise, concert tickets and even studio time for artists. The winners are going to love what they win."

If you go

DYKRPThursday, Sept. 21
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NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on **Sept. 25, 2017 @ 3PM** at the Safeguard Self Storage facility located at **1333 Rhawn Street Phila. PA 19111.** The personal goods stored in the following space numbers by the following tenant(s):

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#3602-Lisa Lawrysh, #1519-Robert Bethune, #2206-Christal Hood

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How to find your ideal business school

It's time to plan for the future.

CRAIG O'CALLAGHAN
@MetroPhilly
letters@metro.us

Find the right MBA program for you. ISTOCK

The benefits of enrolling in business school to study an MBA are clear. Your network will grow exponentially, you'll learn a whole suite of skills and you'll gain exposure to a range of top employers. Not to mention the bump in salary.

MBA programs, however, are not all the same. Each program is sculpted and honed often over decades by academics, students and businesses. It can be a big investment. So, choosing the right program is crucial. Here are some things to consider when looking for the right program.

Employment outcomes

The MBA is a vocational degree, so perhaps the most important thing is to make sure a program aligns with your career goals. Is the school known for connections to any particular industries? Where do graduates go on to work? Are you able to take an internship? Are there programs to help you build important experience? Does the alumni network include contacts who could help you get where you want to go?

Curriculum and teaching style

While you're certainly going to learn all the essentials and gain a bird's eye view of business that will allow you to pull the strings. What is taught, and how it's taught, varies from school to school. It's important, therefore, to scope out the curriculum and determine if it appeals to you. Schools use a number of methods to train the business leaders of the future. Some are more about collaboration, while others more about competition; you just have to work out what best suits your learning style.

Location

Most full-time candidates will leave their hometown to study; many will leave their country. This can be a great way to see the world, meet new people and learn about how business is done around the globe. You shouldn't rule out traveling if you have the opportunity — your perfect school may not be in the U.S. But don't feel obliged to go anywhere, either. An MBA is going to be hard enough work without any distractions.

Are you being realistic?

You're a prospective MBA candidate, you're successful, you're ambitious — that's great. But before you start committing time and effort (and money) to the admissions process, take a careful look at yourself, your GMAT score, your work experience and your academic record. Compare those to the figures typically seen at your target school, and ask yourself whether you realistically belong there. Harvard isn't right for everyone, so choose a school that makes the most sense for the career you want.

Want to know more about whether a school is the right fit for you? These question will be answered by the top schools when the QS World MBA Tour comes to the Pennsylvania Convention Center this evening from 5 p.m. to 9 p.m.

Learn more at: https://www.topmba.com/events/qs-world-mba-tour/usa-canada/philadelphia

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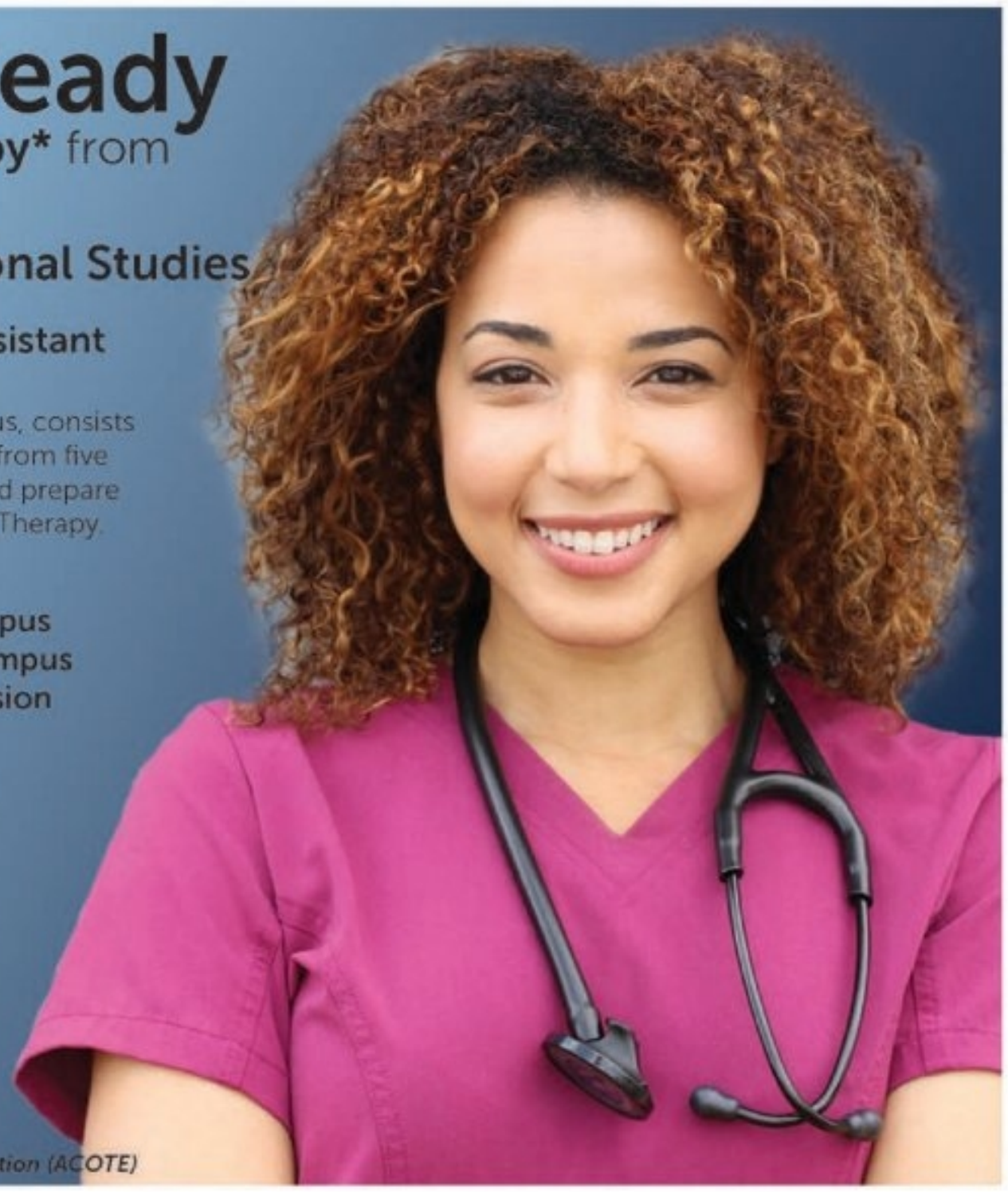

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How to deal with the jerks in your office

Enough is enough.

PATRICK KING
@MetroPhilly
patrick.king@metro.us

Don't let them get you down. Stand up for yourself. Just look at his tie, it's revolting. Who idiot would wear that? ISTOCK

Having a bully in your office is like being followed around by a black cloud you can't shake. Every day is filled with the same looming dread that this menace is plotting your professional downfall or out to ruin your day. It's enough to make you want to stay in bed. So what can you do to make your work life more bearable?

According to Bob Sutton, a professor at Stanford University and author of the book "The Asshole Survival Guide," the first step to defending yourself against these jerks is to properly diagnose the threat before picking your battles. We spoke with Sutton to see if he could explain the different types of difficult people you will encounter at work and the best ways to deal with them.

Temporary or certified

First off, making the distinction between a "temporary" and "certified" assholes is important before planning your next step. We've all had low moments when we've taken our frustrations out on an innocent bystander. So before taking action, you should ask yourself: Is this person having a bad day, or is he or she really this mean? Sutton believes "under the wrong situation, any of us can turn nasty and disrespectful," so make sure you don't write someone off after a tiny transgression.

Strategic or clueless

Identifying a "strategic" and "clueless" office evildoer is also crucial as one can be much easier to handle than the other. While those conniving office jerks are never great to deal with, the ones who are "so inwardly focussed and so narcissistic that they're not even aware of it" are the ones you really have to beware of. Because they act this way without thinking first, there is little chance they will change once you confront them.

Sneaky backstabbers

The sneaky co-workers who will stab you in the back or — as Sutton calls them — "grin-f*ckers" are some of the most common workplace offenders you will have to deal. These are the co-workers who will paint on a large smile while gaining intel from you in order to muddy your name and reputation as soon as you leave the room.

The petty tyrant

The last office jerk that Sutton identifies is the "petty tyrant." This could be someone in your finance department or human resources who are in total control of something that you need to be taken care of who goes out of his way to make the process as painful as possible for no reason. As Sutton puts it, "There is all sorts of evidence that if you give someone low prestige and some power over you that they will treat you like dirt."

So how can you combat these office bullies as they try to cut you down day in and day out? First and foremost, you should find a different job ASAP. But if you like your job too much to leave, you can always try to distance yourself. Making sure you are sitting within a positive group of co-workers is extremely important. If you are "within 25 feet of a toxic person in the workplace, the chances that you'll become a toxic person will go up substantially and so will the chances of you getting fired for being a toxic person."

So be sure to handle these office jerks the right way before you turn into one yourself.

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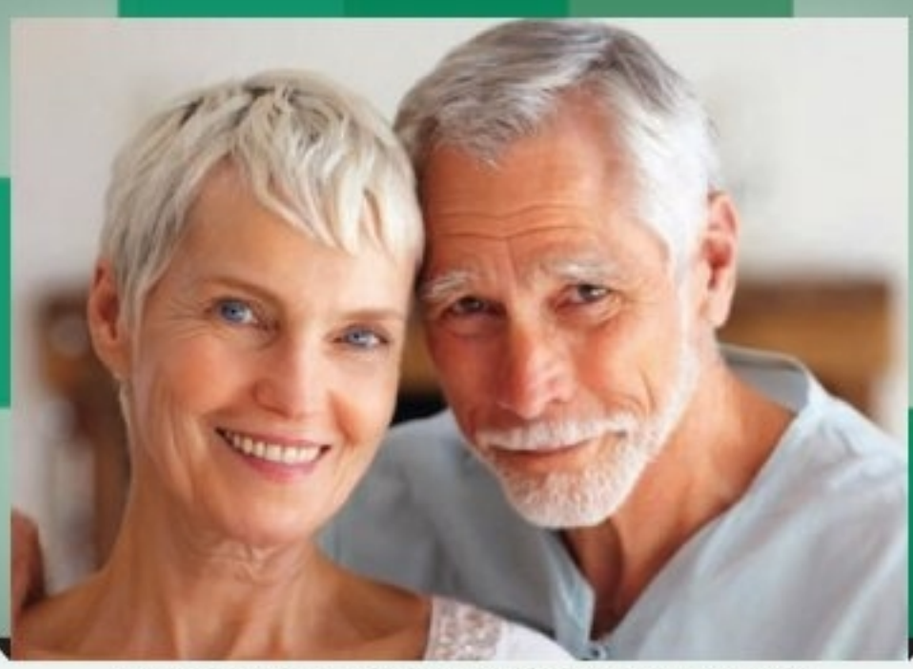

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3 Things we learned as Eagles' frantic comeback falls short

The Eagles nearly pulled off an impressive upset over the Chiefs but fell short after an ugly fourth quarter.

EVAN MACY
@evan_macy
evan.macy@metro.us

Carson Wentz did a little of everything, but it wasn't enough Sunday. GETTY IMAGES

The Eagles defense looked impressive early, and the offense held its own against the fiery Chiefs — but a pair of unlucky turnovers at the worst possible times and a defense that crumbled in the fourth quarter led Kansas City to a 27-20 victory in Week 2.

The Birds, as they have been known to do, abandoned the run, with just 17 attempts — four of them Carson Wentz scrambles (for 55 yards) and threw the ball 46 times. The Chiefs were then able to handle a one-dimensional second-half offense and hauled in the victory to move to 2-0 after beating the Patriots in Week 1. Here's what we saw in the loss:

1 Not-so-full defense

The Eagles' defense was once again spectacular against the otherwise high-powered Chiefs' offensive attack. The four-man rush got consistent pressure on Alex Smith, netting four sacks and many more hurries. The linebacker play was also surprisingly potent, as once outcast Mychal Kendricks has shown to be a speedy and potent combatant against the run and a solid match against the pass.

On several key drives, a bend-not-break defense held the Chiefs to just six first-half points — three of them coming after a miscue on a Darren Sproles punt return that resulted in a lost fumble.

They were not completely immune to Kareem Hunt, however, as the rookie running back broke open a 53-yard run on a draw to earn the Chiefs a third quarter 13-10 lead.

2 From Wentz he came

Carson Wentz showed he belongs in the NFL even in defeat, as he held on against an onslaught from the Kansas City defense. Wentz got 16 yards of his 333 in the game on his first touchdown pass to Alshon Jeffery, putting Philly ahead 10-6 in the third quarter. Wentz led an offense that compiled 27 first downs — in contrast to the Chiefs' 16, leading to a big advantage in possession time.

Wentz was short changed three points when rookie kicker Jake Elliott missed his second career field goal at the tail end of a ridiculous first half bomb to Zach Ertz — a pass he caught after a big bounce off the arm of a streaking defender. A garbage-time touchdown to Nelson Agholor padded the stats with eight seconds left.

3 The first close call

Prior to kickoff Sunday afternoon the Eagles were 0-21 in the last 21 games when trailing at the start of the fourth quarter. In a shockingly defensive battle early, things were tight when the final quarter began with the Eagles trailing by a field goal. Elliott drilled a 40-yard field goal to tie the game at 13 just inside 12 minutes and the slate was wiped clear.

A bizarre pass that bounced off of Justin Houston's helmet resulted in an unlucky interception at the Eagles 30-yard line as Chris Jones secured an interception to set up a shovel pass to Travis Kelce that would result in a leaping touchdown.

After an exchange of punts, the Chiefs rode Hunt into end zone just before the two-minute warning. Following a successful onside kick from Elliott, Wentz's Hail Mary was tipped out of the end zone.

NFL Week 2: Defense rules the day

Defense was the name of the game in Week 2 of the 2017 NFL season with the Buccaneers, Panthers, Ravens and Steelers all holding their opponents under 11 points. A look at went down throughout the league on Sunday:

Buccaneers 29, Bears 7
The Buccaneers looked rested and ready to storm their way through the NFC this season as Jameis Winston threw for 204 yards and a touchdown in the 29-7 victory at home.

Panthers 9, Bills 3
Julius Peppers turned back the clock, recording two sacks in an impressive defensive effort turned in by the Panthers.

Ravens 24, Browns 10
Baltimore forced five turnovers in a strong home effort against Cleveland. The Ravens picked off Browns QB DeShone Kizer three times and Baltimore QB Joe Flacco threw a pair of TD passes.

The Tampa Bay defense smothered the Bears Sunday. GETTY IMAGES

Cards 16, Colts 13 (OT)
It took an overtime session and a 30-yard Phil Dawson field goal, but the Cardinals found a way to win at Indy on Sunday. Down 13-3 in the fourth quarter, Carson Palmer hit JJ Nelson for a 45-yard touchdown. The score gave Arizona new life in the sluggish affair.

Patriots 36, Saints 20
The Patriots bounced back after their opening week loss and looked better than ever on offense. The Pats scored three touchdowns in the first quarter and Tom Brady wound up completing 30-of-39 passes for 447 yards and three touchdowns, without a pick. Rob Gronkowski had 116 receiving yards and a touchdown but left the game in the second half with a groin injury.

Titans 37, Jaguars 16
The Titans looked like world-beaters in the second half against Jacksonville, putting up 31 points in the final 30 minutes of regulation. Derrick Henry led the way offensively for Tennessee, rushing for 92 yards on 14 carries and scoring a TD. Jalston Fowler and Delanie Walker also had rushing touchdowns for the Titans.

Steelers 26, Vikings 9
With Sam Bradford on the sidelines with a knee injury, the Vikings offense — led by Case Keenum — could never get going as they were held to just 146 passing yards. Ben Roethlisberger, on the other hand, had a fine Sunday — completing 23-of-35 for 243 yards, a pair of touchdowns, and zero picks. MATT BURKE

Around the NFL

Redskins 27, Rams 20

Seahawks 12, 49ers 9

Raiders 45, Jets 20

Dolphins 19, Chargers 17

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2234 -AES
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21st Century Storage
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Property contained in the following units located at 3503 B Street will be sold via online auction at STORAGETREASURES.COM on September 28, 2017 at 11:00 AM., to the highest bidder to satisfy the owners lien for rent under 73 p.s. 1901 et. seq. Auction is with reserve, 21st Century Storage reserves the right to set the minimum bids and refuse bids. Cash or credit card ONLY. Contents must be paid for 9/28 and removed within 48 hours.
Angel Ramirez A116
Marilyn Colon C218
Marilyn Colon C219
Chameca Wilson C226
Bari Berger C241
Carlos A Diaz D301
Elizabeth Wardlaw G619
Migdalia Hernandez H712
Crystal Rivera J905
Elemy Rios R611
Raul Ruiz R627
Earnest Pearson S152
Blanca Maldonado T166

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NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Pursuant to the Pennsylvania Self-Service Storage Facility Act, Pennsylvania Statutes, Title 73, Chapter 26 § 1901 et seq., a public auction will take place on 9/21/17, at the below-listed Public Storage facilities, for the following units, the contents of which shall be sold to satisfy the owner's lien. Public Storage Located At, 7571 Ridge Avenue, Philadelphia, PA 19128 at 10:00AM • 215-482-5051
C036 - LANDAU, Elias • C049 - Hill, Anthony • C056 - Weaver, Paulette
D100 - LANDAU, Elias • D117 - Fital, David • D159 - Boykins, Kim
D160- Felici, Jared
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1098 - Foreman, Earl • 1105 - Johnson, Ben • 1224 - Littles, Keiona
2004 - Matthews, Jennifer • 2058 - Muhammad, Amir • 2078 - Struzziete, Marlene
3054 - Monroe, Scott • 3090 - Becks, Gary • 3118 - Degrazia, Mary Ann
3138 - Benham, Dave • B1027 - Zarco, Daniel • C1012 - Brennan, Treasa • D1006 - Burse, Sherita
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Pursuant to the Pennsylvania Self-Service Storage Facility Act, Pennsylvania Statutes, Title 73, Chapter 26 § 1901 et seq., a public auction will take place on 9/21/2017, at the below-listed Public Storage facilities, for the following units, the contents of which shall be sold to satisfy the owner's lien. Public Storage Located At, 2025 Chemical Road, Plymouth Meeting, PA 19462 at 10:00AM 610-834-1225.
B049 - Burke, Lucia • B083 - McCaskill, Shakia • E314 - Shaimar, Naim
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PS ORANGECO, INC

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on 9/25/17 at 11AM at the Safeguard Self Storage facility located at 1221 N Broad Street Philadelphia Pa. 19122. The personal goods stored in the following space numbers by the following tenant(s):
safeguard self storage
Bowler, Akil 0117 • Young, Angela 0502 • Patton, James 0611
Harris, Robin 2222 • Evans, Faye 3217 • Grasty, Terrance 4002
Washington, Michael A4120 • Hassan, Zakiyyah A4208
Purchases must be made with cash only and paid at the time of sale. All goods are Sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage Management, Inc.

Public Storage
NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Pursuant to the Pennsylvania Self-Service Storage Facility Act, Pennsylvania Statutes, Title 73, Chapter 26 § 1901 et seq., a public auction will take place on 9/21/2017 at the below-listed Public Storage facilities, for the following units, the contents of which shall be sold to satisfy the owner's lien. Public Storage Located At, 1431 Ivy Hill Road, Wyndmoor, PA 19150 at 10:00AM 215-836-1654
A112 - Murphy, Felice • A202 - Gordon, Martina • A216 - Gripper, Naima • B410 - Person, Dionne • B436 - Urbanowski, Jason
B461 - Holmes, Janice • C521 - Green, Stefanie • C524 - Davidson, Kisha • C533 - Brown, Zakiyyah • C543 - Lewis, Lisa • C605 - Graham, Ronald
C612 - Thompson, Brian • C655 - Henderson, Terry • D722 - Bey, Ma'Imah • E804 - Hill, Jim • F1119 - Sawyer, Deniika • F1233 - Moore, Adriell
F1243 - Alston, Lindsay • F1345 - Camp Jr, Leroy • F1266 - Rochester, Diana • G1317 - Eldridge, Tamara • G1424 - Doll, Curtis
G1429 - Isom, Sabrina • G1433 - Gary, Kimberly • H1503 - Midnight Jr, Ronnie • H1513 - Doll, Curtis
All sales are subject to cancellation. Public auction terms, rules, and regulations will be made available prior to the sale. PS Orangeco, Inc., 701 Western Avenue, Glendale, CA 91201.
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NOTICE OF PUBLIC AUCTION
On September 20th, 2017 11:00 AM, Storage Sense will hold a public auction at www.StorageTreasures.com. Bidding will start September 14 and end September 20th, 2017 11:00 AM. Items will be sold to the highest bidder in cash.
The following units contain household and/or personal goods:
2010 MORGAN R ELAM • 2116 DOROTHY MINICK • 2162 MYYA MAKEDA SMITH
2217 ERICA SUMMERS • 2239 LYNN WILLIAMS 2327 EVELYN MITCHELL
• 2358 LAWRENCE JETER • 2366 LAVERNE CASE
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Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on September 25th, 2017 @ 12:00PM at the Safeguard Self Storage facility located at 830 East Hunting Park Ave., Phila, PA 19124. The personal goods stored in the following space numbers by the following tenant(s):
safeguard self storage
#1004-Axis Bermudez • #3009-Paulette Brown • #3219-Irma Colon • #3333-KATHERINE CRUZ
#1228-Juan Gomez • #1130-Maurice Jordan • #3206-John McCreary Sr • #2406-Emily Meeton
#1121-Theodore Norman • #3531-AISHA RICHARDSON • #3229-Dominique Spriggs • #3554-VAN STEWART
#2233-William Torian • #2203-John Trotman • #2424-Jessica West • #2219-Jamie Williams
Purchases must be made with cash only and paid at the time of sale. All goods are Sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage Management, Inc.

NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY
Notice to hereby given that the undersigned will sell to satisfy the lien of the landlord, at public sale, by competitive bidding on Sept. 25, 2017 @ 10:00AM at the Safeguard Self Storage facility located at 6224 Germantown Ave Phila. PA 19144. The personal goods stored in the following space numbers by the following tenant(s):
safeguard self storage
#0106 - Paula Barnes, #1146 - Tiffany Brown, #2110 - Guy Butler, #2125 - Cherie N. Cayson,
#2208 - Daeshanae R. Diego, #2233 - Nicole Smith, #2336 - Shawn Thomas Jr.,
#2501 - Omar Hatcher-Mclaurin, #2509 - Lynne-Cherise Roland,
#3218 - Jason R. Jefferson, #3316 - Katrina Braxton
Purchases must be made with cash only and paid at the time of sale. All goods are Sold as is and must be removed at the time of purchase. Sale is subject to adjournment. Safeguard Self Storage Management, Inc.

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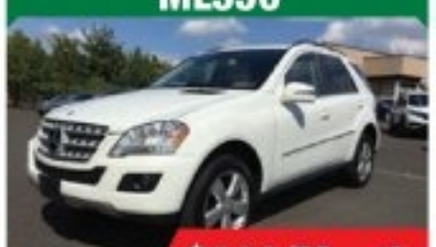
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It's finally time for Temple to start defending AAC title

Temple has yet another short week as they travel to Tampa to face No. 22 South Florida this week.

JON MARKS
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Let the defense finally begin. Defense of Temple's American Athletic Conference (AAC) title, that is.

After holding off their third straight non-league opponent, UMass, 29-21, Friday night at the Linc, the 2-1 Owls can finally point to their ultimate goal: retaining the Conference championship they claimed so convincingly last December at Navy.

But it won't be easy, particularly since they have to start off Thursday night in Hurricane Irma-ravaged Tampa against No. 22 ranked South Florida (USF). New coach Charlie Strong's 3-0 Bulls are loaded, coming off a convincing 47-23 rout of Big Ten power Illinois. Plus, they'll be aiming for revenge following last season's 46-30 loss to the Owls here that cost them the AAC East title.

"It's going to be a short week for us," defensive end Jacob Martin said. "We need to focus on USF which has a lot of explosive guys. Everybody knows we have to take the next step."

Particularly against USF's multi-dimensional quarterback Quentin Flowers, who threw for 280 yards and four touchdowns vs. the Illini, while rushing for 106 more, including his 32nd career touchdown. Considering the way Temple has been lit up the past two weeks — with Villanova's Zack Bednarczyk and UMass' Andrew Ford throwing for 382 and 377 yards respectively — after Notre Dame's Brandon Wimbush ran and passed them into submission, 49-16, in their opener, it's cause for concern.

"We messed up in our coverages and need to fix that," safety Delvon Randall said. "We've got a lot of work to do to get ready for USF. We need to be way better than we were in our other games. We miscommunicated a bit and got sloppy with our technique in the secondary. But our defensive line stepped up. They were ballin.'"

No one more so than redshirt freshman Quincy Roche, who had three sacks, forcing a fumble on one which he recovered, leading to a Temple touchdown that made it 19-7 at the half. Sam Finch and Sharif Finch tacked on two sacks apiece, which enabled the Owls to keep the 0-4 Minutemen winless.

Now can do they anything resembling that against Flowers, the 2016 AAC Offensive Player of the Year, followed by 2015 AAC Champ Houston, with Navy and Tulsa yet to come?

At the same time Temple will need more of the kind of offense it showed vs. the Minutemen, with Logan Marchi throwing touchdown passes to Adonis Jennings, Keith Kirkwood and Isaiah Wright, while kickers Aaron Boumerhi and Austin Jones combined for three field goals, including Boumerhi's career long 52-yarder.

But the running game again struggled. After Ryquell Armstead broke loose for 56 yards on the second play of the game, Temple managed just 61 yards on 32 carries the rest of the way. Collins & Co. know they'll need better balance with what lies ahead.

One thing that's helped is the Owls have only turned the ball over once all season.

"Taking care of the football is big for us," agreed Marchi, who has yet to throw an interception in 106 attempts. "That's a key in those close games. It's a big role to be the leader as quarterback. Being composed and taking care of ball is my main concern. Guys respond to that."

The timing couldn't be better for the defending AAC Owls, who've gone though all the preliminaries to get to this point. Now here comes the hard part, beginning Thursday in Tampa.

No bull.

The start of the conference schedule comes Thursday for the Owls. GETTY IMAGES

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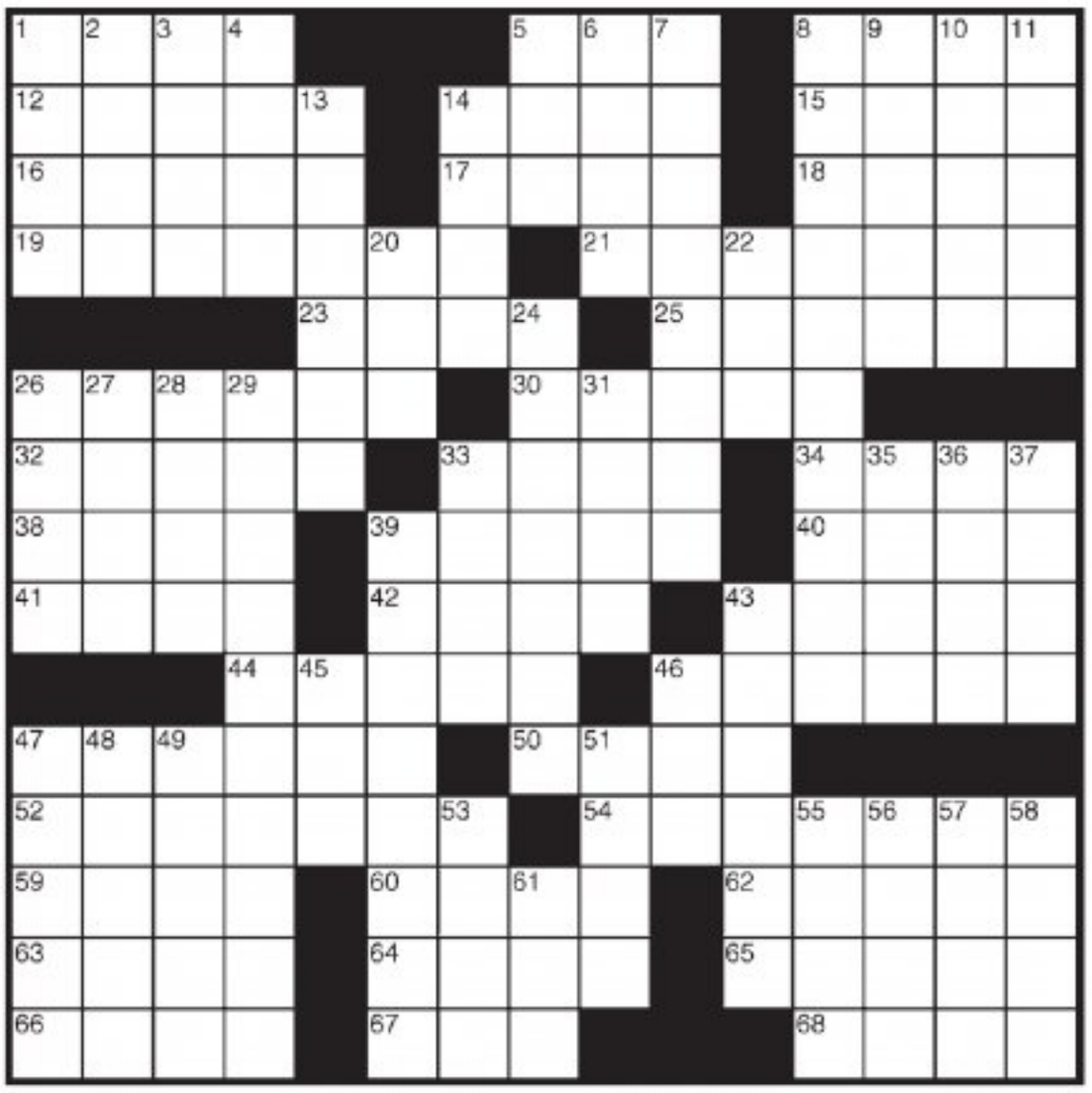
10 Look pleasant
11 Hawthorne town
13 Rathskeller mugs
14 Motion picture
20 Hwys.
22 Super Bowl roar
24 Stonework
26 Performs in a theater
27 Feng --
28 Gasp
29 Military ornaments
31 Biology topic
33 Lot size, often
35 Help -- -- the way
36 LEM lander
37 Inspects
39 Coming to terms
43 Silenced
45 Meyers of "Kate & Allie"
46 Anderson Cooper's channel
47 Low voices
48 Twilled fabric
49 Nighttime noise
51 Contented murmurs
53 Ginger cookie
55 Sheik colleague
56 Focal points
57 Part of a list
58 Yield
61 NBC rival



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easy

	2		9		1	6	4	
		4			2			
9							2	
					8	7	3	5
1		5		4		2		8
7	8	2	3					
	6							3
			1			8		
	4	8	5		9		6	

hard

		2	4					8
	1					2	6	
	7	9						4
7		4	5		1		8	6
				7				
1	8		9		6	5		7
3						8	4	
	5	8					3	
2					9	6		

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Aries Look for a way to improve your mental and physical health. Get involved in something that will encourage you to build strength.

Taurus Interact with people from different backgrounds. Travel or educational pursuits will open your mind to new things. Discussions will inspire you to be romantic.

Gemini A change at home will reflect how you deal with children or handle your friendships. Aggressive behavior will not and should not be tolerated from young or old alike.

Cancer You can make positive alterations at home without going into debt. Look at what you have to work with and make your surroundings comfortable.

Leo Do whatever it takes to improve your health and appearance. Discipline, fitness and a proper diet will produce a good frame of mind that will help you excel.

Virgo Go where the action is and put your mark on whatever you do. Paying attention to detail and going over and above what's expected of you will pay off.

Libra Reconnect with someone you have worked with in the past to discover an opportunity that will send you in an unexpected but fruitful direction.

Scorpio Put more thought into your work or changes you want to make at home. Let your creative imagination take charge and see what transpires.

Sagittarius Look inward and consider what you can do to enhance your looks, attitude or lifestyle. Personal changes should be made for your benefit, not to please a certain critic.

Capricorn Smart choices will be made if you are conservative when handling financial matters. Excessive behavior will have an impact on your physical and emotional health.

Aquarius Thrive on change. Do your best to size up whatever situation you face, and make a focused effort to improve matters. Romance is on the rise.

Pisces Relationships will change if you open up about your feelings and plans. Dealing with a make-or-break situation will lead to less stress. EUGENIA LAST

Yesterday's answers

P	A	N	I	C		I	O	U	S		D	U	E	L
A	R	O	M	A		G	A	S	P		E	N	Y	A
L	U	M	P	S		O	K	A	Y		F	I	R	S
I	N	S	E	C	U	R	E		P	R	I	V	E	T
			D	A	S		N	Y	L	O	N			
D	E	R	I	D	E	D		E	A	S	E	L	S	
I	R	E	N	E		I	N	A	N	E		A	N	N
S	N	A	G		R	E	E	S	E		T	R	E	E
K	I	D		B	E	S	E	T		H	O	V	E	R
	E	S	C	A	P	E		S	T	E	W	A	R	D
			H	U	R	L	S		V	A	N			
T	O	L	E	D	O		M	U	S	T	H	A	V	E
A	L	E	S		V	E	E	R		S	A	N	E	R
M	E	A	T		E	L	L	A		U	L	T	R	A
E	O	N	S		D	I	L	L		P	L	E	A	T

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